

Introduction

This Guidance is a reference to assist you in completing the Sudden Death in the Young (SDY) Autopsy Summary. This summary sheet of autopsy results should be completed following your investigation of a sudden and unexpected death in a child or youth under age 20. It includes instructions for specific components of the autopsy.

The SDY Autopsy Guidance was developed as part of the SDY Case Registry, an initiative of the National Institutes of Health (NIH) and the US Centers for Disease Control and Prevention (CDC). This summary, the guidance and instructions were developed by the SDY Autopsy Protocol Committee composed of medical examiners with experience in pediatric, cardiac and/or neuro pathology; physician coroners, death investigators, and other medical professionals with experience in cardiology, neurology, emergency medicine, public health and genetics.

Your jurisdiction is participating in the Sudden Death in the Young Case Registry with funding from the NIH and CDC. The autopsy findings will be summarized with other case review information and biospecimen data (upon family consent) in the SDY Case Registry. This Registry of de-identified data will be used to better understand the etiologies and risk factors for sudden death in the young so that improved prevention strategies may be developed.

Additional instructions and information are provided throughout this document in italics and footnotes.

SDY Definitions and Inclusion/Exclusion Criteria for the SDY Case Registry

"Sudden" implies death within 24 hours of the first symptom, or those resuscitated from cardiac arrest and dying during the same hospital admission.

"Unexpected" refers to a death in someone who dies from an accidental injury or someone who was believed to have been in good health, or had a stable chronic condition or had an illness but death was not expected. Examples could include hypertrophic or dilated cardiomyopathy, congenital heart disease, epilepsy, asthma and pneumonia.

Inclusion and Exclusion Criteria

This autopsy results summary sheet is a key component of the SDY Case Registry and should be used for all cases that meet all of the following inclusion criteria and none of the following exclusion criteria:

e		
Inclusion Criteria		
Is the child under 20 years old?	Yes, Include	☐ No, Exclude
Was the death sudden and unexpected and/or unwitnessed?	Yes, Include	☐ No, Exclude
Exclusion Criteria		
Was the death caused by an accident in which the external		
cause was the obvious and only reason* for the death?	Yes, Exclude	☐ No, Include
*Exception: All infants under 1 year of age whose death was cause	d by suffocation	☐ Include
Was the death an obvious homicide?	Yes, Exclude	☐ No, Include
Was the death an obvious suicide?	Yes, Exclude	☐ No, Include
Was the death caused by an accidental or intentional overdose		
of drugs even if this caused cardiac or respiratory arrest?	Yes, Exclude	No, Include
Was the death caused by a terminal illness in which the death		
was reasonably expected to occur within 6 months?	Yes, Exclude	■ No, Include

General			
Sex: Male Fem:	ale		
Body weight:	kg	Body length:	cm
Head circumference:	cn	n	
External Exam: If abnorm	alities suggest tra	auma, disease/syndrome, o	or medical intervention, please describe:
Photography (external):	☐ Yes ☐ No		
maging			
(Circle all that were perfo	rmed and describ	oe the location)	
X-Ray, single:			
X-Ray, multiple views:			
CT scan:			
MRI:			
Describe any abnormalities	es found on imag	zing:	
Detailed Review of S	ecified Organ	ns	
Thorax/Lungs			
Thorax/Lungs Imaging:			
• If there is a question	about the possibil CAM), remove th		coom, other)
Thorax/Lungs - Externa	al Gross Exami	nation	
Chest			
Contour 📮 Norm	al 📮 Abnorr	nal	
If abnormal: 🚨	Increased antero	posterior diameter 🔲	Asymmetry
Costal margin flaring	Other:		
Injuries 📮 Absent	☐ Present:_		
Axillary lymphadenop Other:	athy 🖵 Abser	nt 🗖 Present	
Nasal choanae (infants	a) ¹ Patent	☐ Obstructed	
Testing to see if the nasal cho	anae are patent m	ay be performed by sounding	g each nostril with a flexible probe. This can be performed with the

PAGE 2

nasopharyngeal swab for viral culture.

Thorax/Lungs - Internal (a hoa	ud • Ta		a mana bi ina ai fan a	است	and harmonial cultumes (as in discated)
8 1 2 1 7		In situ					esting:		virai i	and bacterial cultures (as indicated)
Tracheal deviation		Absent		Present:		1 Left		☐ Right		
Lungs										
Pneumothorax		Absent		Present:		1 Left		Right	_	Bilateral
If present, diagnosed by:		· ·		Other me						
Hypoinflation ²		Absent		Present:		1 Left		☐ Right		Bilateral
Lung(s) sunken towards				Absent		Present		☐ Left		Right 🖵 Bilateral
* *		Lungs do no						oach midline		Meet in midline
Color		Pink		Dark red						Fibrinous/purulent exudate
		Dark red in		•		•				
Pleural effusion		Absent		Present:		1 Left		Right		l Bilateral
If present, appearance:				Bloody		Straw		☐ Purulent	_	Other:
Amount:			_ m.) I .C.		□ D:-L+) D:11
Hemidiaphragm elevation:	_	Absent	_	Present:	_	Left		☐ Right	-	B ilateral
Thorax/Lungs - Gross Dis		ction								
			rect	ina aorta fa	r nasa	rular ring	r drou	nd trachea an	d insi	pecting pulmonary arteries and veins
(see heart section).	u o	ιουκ ιισιον τνισμ	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	ing uoriu jo	r vusi	mui ring	uron	na manga, an	n irisp	neering purmonary arreves and veris
• The trachea / upper respirato	ry t	ract should be	e rei	moved as a	block	with the	lungs			
							Ü			
Vascular ring (aorta around	trac	chea) 🖵 .	Abs	sent 🖵	Prese	nt				
Lungs	~	/ 11 1		1 \	_	A 1	_	D 🗔		
Blood on the pleural surf						Absent		Present:		
Blood beneath the pleura				Absent		Present:		Petechiae 🖵	Con	fluent/Large hemorrhages
Necrotic exudate on the						Present	_		D	
Prominent/discolored/di	late			`		-	_	Absent \Box	Pres	ent
Cobblestoning ⁴				Absent		Present				
Rib markings on the plea	ıra			Absent	_	Present				
Other:										
• Perform the initial examina	tior	of the heart/	lun	g block. If a	a cara	liovascula	r pati	hology or pedia	tric p	athology consultation is requested, send the
heart/lung block to the consult	tanı	t. If consultati	ion	is not reque	ested,	separate t	the lu	ngs from the he	art fo	ollowing the initial examination.
Lung weights within normal	rai	nge for age		Yes		No:		☐ Increased		☐ Decreased
Right lung approximately 1/		0				Yes				
Resuscitation-related change				Absent						
Pulmonary edema, NOS				Absent						
Neurogenic pulmonary eder	na ⁵			Absent						
Pulmonary infection				Absent						
Pulmonary hemorrhage				Absent		Present				
If present:				Diffuse						☐ Aspiration pattern (follows bronchi
Pulmonary hypertension ⁶				Absent		Present				
Other:			_							
² Do the lungs approach each ot	her	or meet in the	e mi	dline?				der SUDEP	, ,	
³ Probable postmortem change ⁴ Areas of pink hyperinflation ar	ıd p	urple hypoinfl	latio	on		10	iviusci	e layers in subp	ieural	arterioles

Thorax/Lungs - Gross Dis	section (contin	nued)	
Abnormalities/disease proces	sses visible at th	e hilum of either	r lung:
Pulmonary artery throm	boemboli ⁷	☐ Absent	☐ Present, location:
Bronchial mucus/purule	nce	☐ Absent	☐ Present:
Bronchial aspirated food	, foreign object	☐ Absent	☐ Present:
Other:			
Is the right lung anatomicall	y right-sided, ai	nd is the left lung	g left-sided? ⁸ ☐ Yes ☐ No
If no, partially divided lo		☐ Absent	☐ Present:
Relationship of mainstem be		stem pulmonary	y artery: ⁹
☐ Normal: left hyparter	ial bronchus an	d right eparterial	l bronchus
☐ Left side is normal bu			
☐ Right side is normal l	ē	ē	
☐ Neither side is norma			
• Section through all lobes, ce	ntral and periph	eral, including m	ainstem bronchi.
Hilar lymph nodes	☐ Normal	☐ Abnormal	
If abnormal:	☐ Enlarged	☐ Anthracotic	Granulomatous disease 📮 Hemorrhagic
	☐ Gross infec	tion 🖵 Tui	mor deposits
Aspiration	☐ Absent		•
Atelectasis	☐ Absent		
Hyperinflation with/withou	t mucus plugs ¹³		☐ Present:
Rib markings on pleura	☐ Absent		
Cobblestoning	☐ Absent		
Copious clear fluid	☐ Absent		
Copious blood-tinged fluid	(from bronchi a	nd/or parenchyr	ma on sectioning)
Hemorrhage	☐ Absent	☐ Present:	
If present:	☐ Diffuse	☐ Focal, locati	ion: Aspiration pattern (follows bronchi)
*	xudate in bronc		other signs of infection Absent Present
Cavitation	☐ Absent		
Granulomatous process ¹⁴	☐ Absent	☐ Present:	
Infarction/thromboemboli ¹⁵	☐ Absent	☐ Present:	
Tumor or suspected benign			
or neoplastic process	☐ Absent	☐ Present:	
Congenital anomaly	☐ Absent		
Other:			
⁷ If there is any question whether			
artery branches are antemorter	thromboemboli	or postmortem clo	I
histology is definitive. 8Three lobes on the right and tw	vo lobes on the le	fr	¹² Look for Kartagener syndrome.
Does the main bronchus enter			¹³ Consider asthma.
with, the mainstem pulmonary			14Consider interstion or corrected

right eparterial bronchus), and below the mainstem pulmonary artery

branch on the left side (normal left hyparterial bronchus)? If abnormal,

consider pediatric pathology consultation.

 $^{15}\mbox{Propagation}$ of thromboemboli causes red-purple "sausages" to exude

from cross-sectioned pulmonary artery branches.

Thorax/Lungs - Microscopic Examination

- Central
- Peripheral: including pleura and subpleural pulmonary artery branches and medium-sized bronchi
- Through areas of grossly evident or suspected disease processes
- There is no definitive number of lung sections supported by research that can be stated as required in every case. Peripheral and central lung samples each yield different diagnoses, and both should be sampled. Sampling from multiple areas may detect patchy diseases. Grossly suspicious areas are likely to reward sampling. Storage of multiple lung segments allows further sampling if disease processes are detected that require it. If in doubt, consult a pediatric pathologist.

3	ut a peaiatric path	O			. 1			
Obtain special sta	-	-		-Granulomatous disease (acid-fast bacteria, sarcoidosis, fungi)				
-Autoimmur		-Neoplasia	-Resolving hemor	rrhage (iron)				
Aspiration	C	Absent Preser	nt: 🗖 Food 📮	Blood • Other:				
Pulmonary edema	Ţ	Absent Preser	nt:					
Alveolar hemorrhag	ge [Absent Preser	nt:					
Hemorrhage in bro	onchial lumens	Absent Preser	nt:					
Red cell morpholog	gy	☐ Normal ☐ Typic	al postmortem	☐ Sickle cells on formalin-ea	xposed tissue			
Inflammation	Ç	Absent Preser	nt					
If present, locati	ion:	☐ Bronchi/bronchioles	☐ Alveoli	☐ Alveolar walls				
Bronchus-associate	d lymphoid tissue	e 🛭 Normal 🖫 .	Abnormal:					
Pulmonary thromb	ooemboli 🖵 A	Absent 🖵 Present:						
Secondary pneumo	onia around obstr	ucted bronchi/infarcted l	ung parenchyma	☐ Absent ☐ Present				
Chronic lung diseas	se following prem	naturity 🖵 Absent	☐ Present					
Pulmonary hyperte	ension or evidence	e of persistent fetal circul	ation ¹⁶ 📮 Absen	t Present				
Asthma or other eo	sinophilic disease	es 🗖 Absent 📮 1	Present					
Foreign bodies	☐ Absent ☐	Present						
 The neck contents histologic examina Areas not cross-sec for eosinophils. The carina lends in 	(proximal esophagation, particularly tioned may be ope	if tracheal/bronchial infection of the long axis. The shaped sagittal cross-sections	l, and overlying strap to tion or narrowing of the the epiglottis is easily se that includes the car	muscles) may be cross-sectioned the lumen are of concern. ectioned. The aryepiglottic folds	s may be sectione	ed to look		
Epiglottis	☐ Symmetrical	☐ Asymmetrical		Tracheal contents Abs	sent 🖵 Pre	sent		
Erythema	□ Absent	☐ Present		If present:	7. THE	SCIIC		
Exudate	☐ Absent	☐ Present		White foam, pink foam	n □ Absent	☐ Present		
Aryepiglottic folds				Mucus	☐ Absent	☐ Present		
Thy epigiottic folds	☐ Flat (normal)	•						
	☐ Obstruct the		struct the lumen	Necrotic exudate		☐ Present		
Vocal cords	☐ Symmetrical		otract the famen	Thin layer of liquid blo along the mucosa	oa Absent	☐ Present		
Abnormalities	☐ Absent	☐ Present:		Pieces of food, vomitus		- Tresent		
Tracheal mucosa	— 1105cm	<u> </u>		streaking the mucosa	☐ Absent	☐ Present		
Erosion	☐ Absent	☐ Present		Obstructing blood clots		☐ Present		
Erythema	☐ Absent	☐ Present		Obstructing food bolus		☐ Present		
Inflammation	☐ Absent	☐ Present		e e				
minammation	- Absent	■ 1165c11t		Foreign object	Absent	Present		

¹⁶Including muscle layers in subpleural arterioles; other abnormalities of pulmonary artery branches

Heart - Gross Dissection

- Weigh the heart
- Make note of epicardial adhesions, exudate, or discoloration
 -Make note of amount and distribution of epicardial fat
- Section the epicardial coronary arteries at 3-5 mm intervals, avoiding cutting into great arteries and cardiac chambers
 - Note arterial dominance (right/left/shared) and locations and degrees of obstructions
- Make transverse (short axis) slices through the ventricles beginning
 1 cm above the apex and at 1 cm intervals; do not section above the
 level of the tips of the left ventricular papillary muscles
 - -Note all gross lesions in the myocardial sections including scars, discolorations, and softenings
 - -Lesions should described by the usual descriptors (e.g., size, color, firmness) as well as:
- Vertical location (e.g., basal, midventricular, apical)
- Lateral location (e.g., anteroseptal, inferolateral)
- Distribution (e.g., subendocardial, transmural, subepicardial)
 - -Take measurements of left ventricular thickness, right ventricular thickness, and septal thickness in the uppermost (most basal) slice
- When taking measurements, include only the compact myocardium; do not include trabecular muscle or papillary muscles
 - -Examine the right ventricular wall for fat infiltration
 - -It is recommended that the myocardial slices be photographed, especially if there are grossly visible lesions
- Open the heart in the direction of blood flow:
 - -Open the right atrium from the inferior vena cava orifice to the tip of the atrial appendage

- Do not open through the superior vena cava orifice; doing so may cut through the SA node, hampering dissection of the conduction system if that is desired later
 - -Open from the right atrium to the right ventricle along the posterior or lateral wall
 - -Open the right ventricular outflow tract anteriorly
 - -Open the left atrium by connecting all of the pulmonary veins and cutting to the tip of the atrial appendage
 - -Open from the left atrium to the left ventricle along the lateral wall
 - -Open the left ventricular outflow tract anteriorly
- Remove postmortem clot from all chambers
 - -If large amount of postmortem clot is present, consider re-weighing heart after the clot is removed
- Describe degree of dilation of chambers, if any, and document presence/absence of mural thrombi
- Document presence/absence of patent foramen ovale, atrial septal defect, or ventricular septal defect (describe size and location if present)
- Examine the valves, noting number of leaflets/cusps of each and presence of any abnormalities (e.g., myxoid change, calcification, vegetations)
- Examine the coronary ostia
 - -If ectopic origin is present, note acuity of the origin (e.g., sharp angle of origin), course of the proximal segment of the artery (e.g., within aortic adventitia), and presence/absence of an occlusive ostial flap
- If any of the above findings are present, it is recommended that they be photographed in addition to being described in the autopsy guidance

Heart - Gross Examination Heart weight_ Unfixed ☐ Fixed ☐ Left (normal) ☐ Right ■ Midline Thoracic position ☐ Ectopic: _ ☐ Other: Apex ☐ Leftward (normal) ☐ Rightward ☐ Asplenia Spleen ☐ Single □ Accessory ☐ Polysplenia ☐ Right (normal) ☐ Left Liver ☐ Midline/ambiguous Pericardial effusion □ Absent Present If present: Amount: _____ ml – Appearance ☐ Clear ☐ Straw ☐ Purulent Other: Hemopericardium Absent Present ☐ Present Vascular Ring ■ Absent Epicardium – Exudate □ Absent ☐ Present: Adhesions □ Absent ☐ Present: - Fat ☐ Present, normal amount ☐ Increased Decreased Right atrium – Morphology ☐ Right¹⁷ (normal) Ambiguous/other: ☐ Left Venoatrial connections (SVC/IVC) ☐ Normal ☐ Abnormal: Coronary sinus OS ☐ Stenotic ☐ Atretic ☐ Absent ☐ Present: ☐ Mild ■ Moderate ☐ Severe Dilation - Cavitary thrombus¹⁸ ☐ Absent ☐ Present:

¹⁷Right atrial morphology includes presence of terminal crest, smooth endocardial surface posterior to terminal crest, pectinate muscles anterior to terminal crest and in atrial appendage.

¹⁸Antemortem thrombus; excludes perimortem/postmortem clot.

Heart - Gross Examinati	On (continued)				
Left atrium					
Morphology		Right	_	ıs/other:	
Coronary sinus OS		☐ Stenotic			_
– Dilation	Absent	☐ Present:		☐ Moderate	
- Cavitary thrombus					1.0
1	☐ Intact			☐ Atrial septal	
	☐ Two valves (right	and left) 🖵 Cor	nmon valve (at	rioventricular cana	d^{21})
Right atrioventricular valve		1) 🗔 D 1	. (
– Morphology	☐ Tricuspid (norma		• •		
Abnormalities				scribe all that appl	•
					nt of septal leaflet (Ebstein's anomaly)
	- Other:			Apicai dispiacemei	nt of septal featiet (Ebstern's anomaly)
Left atrioventricular valve	- Otilei:				
– Morphology	Mitral (biguspid	normal) D E	Prosthetic: (type)	• Other:
– Abnormalities	☐ Absent				
		-			y•
		C			g
					5
Right ventricle	2	,			
– Morphology	☐ Right ²² (normal)	☐ Lef	· 🗅	Ambiguous/othe	r:
– Wall thickness ²³	☐ Anterior:			_	
– Fat infiltration ²⁴	□ Absent □ F	-			
· ·					
– Dilation	☐ Absent ☐ P				
 Cavitary thrombus 	☐ Absent ☐ P	resent:			
Endocardium	☐ Thin, translucent	(normal)	Abnormal:		
Left ventricle					
Morphology	☐ Left ²⁵ (normal)	☐ Right ☐	Ambiguous/Ot	her	
– Wall thickness ²³	☐ Anterior:	_	_		nferior/posterior:cm
– Dilation		resent:		ate 🖵 Severe	
Dilation	If present, chamber of				cm
C : 1 1	•				
•					
– Endocardium		· · ·			
•					
 – Myocardial scar²⁶ 	☐ Absent ☐ Pre	esent:			
 Myocardial discolor 	ation 📮 Absent	☐ Present:			
19Left atrial morphology include					en at the level of the tips of the ventricular
endocardial surface throughou	t atrium except for pect	inate muscles in			nclude only the compact myocardium
atrial appendage. ²⁰ Description should include l	ocation size and any ir	tervention	-	dial fat or papillary/	trabecular muscle). nic right ventricular cardiomyopathy
²¹ Describe morphology and pa					includes fine endomyocardial trabeculations
section.	201 att			ce of a moderator ba	

²⁶Includes remote myocardial infarctions

 $^{22}\mbox{Right}$ ventricular morphology includes coarse endomyocardial trabeculations and presence of a moderator band.

Heart - Gross Examinat	t ion (continued)						
Ventricular septum							
 Septal thickness²⁷ 		☐ Ventricular septal defect ²⁸					
Semilunar valves	☐ Two valves ☐ Single valve	29 (truncus arteriosus, pulmonary or aortic atresia)					
If two valves:	☐ Aorta posterior and rightward o	± , , , , , , , , , , , , , , , , , , ,					
	☐ D-malposed ³⁰ ☐ Other arran	ngement:					
Right semilunar valve							
 Number of cusps 		Prosthetic (type)					
 Abnormalities 	☐ Absent ☐ Present: If 1	present, circle/describe all that apply:					
	– Vegetations						
	ē						
	– Calcification						
	– Perforation						
	– Other:						
Left semilunar valve							
 Number of cusps 	±) Other: Prosthetic (type)					
 Abnormalities 	☐ Absent ☐ Present: If presen	t, circle/describe all that apply:					
	- Vegetations						
	e e						
	– Perforation						
	– Other:						
Great vessels							
	☐ Normal ☐ Dilated						
	ous branch pulmonary arteries 📮 A						
*	1	Absent					
	nboli Absent Present:						
	eftward arch (normal)						
		absent Present:					
		Present:cm (circumference)					
– Dissection		Present: (type) Ruptured?					
	1	Present					
•		Present: Mild Moderate Severe					
– Ductus arte	0 \ 0						
	☐ Probe patent	☐ Visibly patent:mm (diameter)					
Coronary arteries	□ N 132 □ A1 1 /						
– Ostia	☐ Normal ³² ☐ Abnormal: (e.ş						
	C	Normal, left dominant ³³ Abnormal					
If abnor	5	r descending from right					
	Other:						
– Aneurysm							
– Dissection							
Narrowing	☐ Absent ☐ Present:	Atherosclerotic Non-atherosclerotic					
27 Management should be talk	ron or the level of the time of the left ventui	gular 31Th a source is the vessel that gives vise to the company autories					
papillary muscles.	ten at the level of the tips of the left ventri	cular ³¹ The aorta is the vessel that gives rise to the coronary arteries. ³² "Normal" includes origin of the conus artery adjacent to right coronary					
	location, size, and any intervention. If	ostium (normal variant).					
malalignment is present (e.g.,	, as in tetralogy of Fallot), describe extent	8					
direction – anterior or poster		in further detail in "Other" section if absent/hypoplastic or if downstream					
*Describe morphology/patho	ology in "Left semilunar valve"section.	sequelae exist (e.g., myocardial infarction).					

 $^{30}\mbox{D-malposition}$ is commonly referred to as "complete transposition" (i.e., aorta is anterior and rightward of the pulmonary artery).

If atherosclerosis is present, fill out the following table:

Coronary Artery	Greatest % obstruction	Proximal √	Mid √	Distal √	Thrombus +/-	Calcification +/-
Left main						
Left anterior descending						
Diagonal						
Left circumflex						
Obtuse marginal						
Right						
Posterior descending						
Other						
Hypertrophic cardiomyopa	athy 🖵 Al	osent 🖵 Pr	esent			
Dilated cardiomyopathy	, a	osent 🖵 Pr	esent			
Left ventricular noncompa	ction 🖵 Al	osent 🖵 Pr	esent			
Restrictive cardiomyopathy	y 📮 Al	osent 🖵 Pr	esent			
Congenital heart disease ^{34,3}	³⁵ □ A	osent 🖵 Pr	esent: (type)			
Valve disease			, ,			
– Mitral valve prolap	se 🖵 Al	osent 🖵 Pr	esent			
– Valve stenosis	□ Al	osent 🖵 Pr	esent: (location,	severity)		
Cardiovascular intervention	ns			-		
present at autopsy ³⁶	☐ A	osent 🖵 Pr	esent			
- Pacemaker: (make,	model, type)					
Interrogated?	☐ Yes ☐ N	o Results:				
– Implantable cardio	verter defibrillat	or: (make, model	l)			
Interrogated?	☐ Yes ☐ N	o Results:				
– Implanted loop rec	order: (make, m	odel)				
Interrogated?	☐ Yes ☐ N	o Results:				
– Ventricular assist de	evice: (type, loca	tion)				
– Evidence of conger						
- Stents/coils/plugs/c						
– Other:						

³⁴Probe patent foramen ovale is considered a normal variant and should not be included under congenital heart disease.

³⁵Surgical status will be recorded under evidence of cardiovascular interventions

 $^{^{36}}$ With the exception of valve prostheses, which should be described in the valve sections above.

Heart - Microscopic Examination (Describe findings on page 17)

The extent of microscopic examination is guided by the available history and the gross findings.

For a grossly normal heart, at a minimum:

- 2 sections of left ventricle that include the anterolateral and posteromedial papillary muscles
- 1 section of basilar ventricular septum
- 1 section of right ventricle
- An additional 4-6 sections of myocardium taken from a variety of locations in the ventricles and septum (to look for myocarditis, which can be patchy; if there is recent history of viral illness, it is advisable to take more)

Myocardium:

- Take sections of any areas of discoloration, softening, or mass.
- Taking sections of old myocardial infarction scars is usually uninformative, but areas of myocardium with randomly dispersed interstitial scars should be sampled.
- In cases of suspected hypertrophic cardiomyopathy, the ventricular septum should be carefully sampled to look for myocyte disarray.
- In cases of suspected arrhythmogenic right ventricular cardiomyopathy, multiple sections of the anterior and posterior walls of the right ventricle should be taken.
- Make note of:
 - -Hypertrophy
 - -Myocyte disarray
 - -Necrosis (coagulative vs. contraction-band; focal vs. geographic; specific distribution)

- -Fibrosis (replacement vs. interstitial; specific distribution)
- -Inflammation (prominent cell type(s); presence/absence of myocyte necrosis)
- -Infiltrate (e.g., fat, amyloid)
- -Epicardial surface (e.g., presence/absence of inflammation and exudate)
- -Epicardial arteries (atherosclerosis)
- -Intramyocardial arteries (thrombi, fibromuscular dysplasia)

Coronary arteries:

- Take sections of the greatest area of obstruction of each artery.
- Take sections of any other grossly visible lesion (e.g., aneurysm, dissection); consider including elastic stain.

Valves:

- Take sections of any vegetations (consider including Brown & Brenn tissue gram stain).
- Take a section of a mitral leaflet if it appears to have myxoid degeneration (include an Alcian Blue (AB)-Periodic acid-Schiff (PAS) stain).

Conduction system:

- Examination of the conduction system³⁷ should be done in all cases where:
 - There is documented history of heart block, OR
 - The decedent is an infant/small child and there is a known history of maternal lupus, OR
 - -Myxoid valvular disease is present.
- If number of histology blocks is not a financial consideration, doing microscopic examination of the conduction system should be considered in any apparent sudden cardiac death case.

Brain - Gross Examination (Describe findings on page 17)

Photographs should be take All photographs should be		and cranial vault removed. This is helpful for evaluation of brain swelling.
-Photographs: 🗖	Vertex view 📮 Right vie	ew 🗖 Left view 📮 Base View
• Photographs -Epidural s	rurface of dura mater -Sub	bdural surface of dura mater
-Dorsal bra	ıin -Ven	ntral brain
-Right side	of brain -Left	ft side of brain
-Evidence o	of surgical intervention	
		☐ Present: If present, circle/describe all that apply:
Craniectomy:		
•		
– Tubes, drains:		
Dural sinus thrombosis	☐ Absent	☐ Present: ☐ Sagittal ☐ Transverse
Subdural hemorrhage	☐ Absent	☐ Present: ☐ Left ☐ Right ☐ Bilateral
– If present:	Amount	ml
•	Color	
	Appearance:	ted 🗖 Liquid 📮 Shiny surface

³⁷A stepwise description of the technique can be found in Gulino SP. Examination of the cardiac conduction system: forensic application in cases of sudden cardiac death. Am J Forensic Med Pathol 2003:24(3);227-38.

Brain - Gross Examination (continued)	
Purulent material in subdural space Absent Present	
If present, bacterial culture obtained ☐ Yes, results:	_□ No
Subarachnoid hemorrhage	
- If present Pattern: ☐ Diffuse ☐ Scattered ☐ Focal, location:	
Severity: Mild Moderate Severe	
Leptomeninges	
– Clear □ Yes □ No: If no:	
– Purulent material 🚨 Absent 🚨 Present	
If present, bacterial culture obtained 📮 Yes, results:	_□ No
– Clouding 🗖 Absent 📮 Present	
If present, bacterial and viral culture obtained Yes, results:	_□ No
- Congestion □ Absent □ Present	
Brain removed ³⁸ □ No □ Yes: □ By pathologist □ By pathology resident □ By technician Brain weight (unfixed) ³⁹ g	
• Fix brain in $10-20\%$ buffered formalin for 2 weeks or longer. 40,41	
• Suspend brain so that is not deformed by container. This can be done by suspension with a thread under the basilar artery or be concentrated formalin until the brain floats	ry using
• Request antemortem imaging reports if available for review prior to cutting.	
Brain weight (fixed): g	
Photographs: -Epidural surface of dura mater -Subdural surface of dura mater -Dorsal brain -Ventral brain	
-Right side of brain -Left side of brain -Evidence of surgical intervention	
Intradural hemorrhage	
- If present Location:	
Severity: Mild Moderate Severe	
Subdural neomembrane	
 If present Location: ☐ Right cerebral ☐ Left cerebral ☐ Superior tentorium ☐ Inferior tentorium Color: 	☐ Posterior fossa
Gyral pattern	
 Polymicrogyria □ Absent □ Present, location(s): Circle of Willis: 	
– Distribution	
– Obstruction ☐ Absent ☐ Present	
– Size □ Normal □ Small □ Large Vessel(s):	
– Aneurysm □ Absent □ Present	
If present: Sizemm	
Location:	
Cranial nerves All present: Yes No:	
Symmetric: Ves No:	
Cingulate herniation	
Uncal herniation	
Tonsillar herniation	cute
³⁸ Removal by forensic pathologist is recommended. This decreases the chances of artifacts, such as tearing of cranial nerves. ³⁹ Skip this step if the brain is very fragile and the brain can be fixed. ⁴¹ In some jurisdictions the family must be notified if the for fixation. ⁴² As in a malformation such as Arnold Chiari	e brain is retained
⁴⁰ Except in jurisdictions in which this is not allowed.	

Brain - Gross Examinat	ion (continued)				
Pontomedullary tear	☐ Absent	☐ Present:		Depth	mm
Cerebral hemispheres	☐ Symmetric	☐ Asymmetric:	Right larger	☐ Left larger	
Cerebellar hemispheres	☐ Symmetric	☐ Asymmetric:	☐ Right larger	☐ Left larger	
Cerebellar folial sclerosis	•	•			
Areas of softening					
Areas of firmness	☐ Absent	☐ Present, location	າ:		
Surgical drains or other ma		☐ Present			
– If present: Location			Type of mater	ial:	
•	patent 🖵 Yes 📮 N	o 🗖 N/A	71		
Shunts	patent 🛚 Yes 🔲 N	lo □ N/A			
• Separate brainstem/cerebe	ellum by horizontal cut throu	gh the midbrain. ⁴³			
Aqueduct:	·	Dilated			
• Cut the cerebrum in the c	coronal plane at 1.5 – 2.0 cn	n intervals.			
	om the cerebellum by cutting		cles.		
	midline; slice each hemisphe	-			
• Section the brainstem at 0	*	0	-		
• Photograph the cut brain					
Brain Symmetric	Asymmetric:				
•	metric Asymmetric:				
		□ Mild □ Mo			
	Present:				
Third ventricle Nor.		Obstructed			
Fourth ventricle \(\begin{array}{c}\Delta\) Nor.	mal 🗖 Dilated 🗖	Obstructed			
Cortical ribbon			· · ·		
- Size □ Nor.				☐ Focal, location(s):	
 Discoloration ☐ Abset 	ent Present:		Diffuse	☐ Focal, location(s):	
White matter					
•	metric 🖵 Asymmetric:				
– Discoloration 🖵 Abso				☐ Focal, location(s):	
·	· ·	C			
, ,	metric Asymmetric:	Right smaller	☐ Left smaller		
Deep nuclei					
•	metric Asymmetric:				
Discoloration: ☐ Abset	ent Present:		Diffuse	☐ Focal, location(s):	
Pituitary					
	☐ Small ☐ Large				
Necrosis ☐ Absent					
– Mass □ Absent	☐ Present:				
− Areas of softness	Absent Present				
If present: Lo	ocation(s):			Size:	mm
43.0.1		C1 . 44	DI 1 C 1		1 1.1

 $^{\rm 43}Other$ techniques may be useful (e.g., sagittal sectioning of brainstem if pontomedullary tear suspected; sagittal sectioning of brainstem with cerebellum if Arnold Chiari suspected)

⁴⁴Photographs of cut brain can be done in 2 to 6 photos with multiple sections in each. If abnormalities are found, photograph the involved brain section(s) with possible close-up views of the abnormalities.

Brain - Gross Examination (con	ntinued)			
– Areas of firmness 📮 Ab	osent 🖵 Present			
If present: Locati	ion(s):		Size:	mm
 Areas of discoloration 	☐ Absent ☐ Pi	resent		
If present: Locati	ion(s):		Size:	mm
– Hemorrhage ☐ Ab	osent Present			
If present: Locati	ion(s):		Size:	mm
=	osent Present			
If present: Locati	ion(s):		Size:	mm
Stroke Absent Pre	esent, location:			
Arterio-venous malformation	☐ Absent	☐ Prese	nt, location:	
Compression of cerebral hemisphe	ere 🖵 Absent	☐ Prese		
Anoxic ischemic encephalopathy	☐ Absent	☐ Prese	nt	
Other congenital anomalies of the	brain 🖵 Absent	☐ Prese	nt, describe:	
C				
Brain - Microscopic Examinate	ion (Describe findings	on page 17)		
• Take sections of any abnormal are	?as ⁴⁵		- Amygdala	
• Also take sections of:			- Hypothalamus	
- Dura ⁴⁶			- Cerebellum including dentate nucleus and folia	
- Frontal cortex including subcorts	ical white matter		- Midbrain	
- Parietal cortex including subcort	tical white matter		- Pons	
- Temporal cortex including subco			- Medulla	
and ependymal surface			• Keep sectioned brain in formalin until histologic examinat.	ion
- Right hippocampus at level of law	teral geniculate nucle	us	is complete.	
- Left hippocampus at level of late	ral geniculate nucleu:	s	 Retain brainstem and hippocampi.⁴⁷ 	
Gastrointestinal Tract - Gross	<u>Examination</u>			
External Examination				
Abdominal distention Abso	ent 🖵 Present			
-If present:	em gas 📮 Asym	metry	Fluid wave	
Scar(s) from previous abdominal s	surgery 📮 Absen	t 🖵 Pres	ent:	
External feeding tube Abse	ent Present:_			
Internal Examination				
• Photography: optional In situ	ı On cuttin	g board		
• Testing: sampling for viral and ba	•			
	`	Ź		
Peritoneal Cavity – Evidence of peritonitis	☐ Absent	Drecent:		
 Ruptured abdominal organ 				
– Ruptured abdominal organ– Fluid accumulation				
Injury from resuscitation				
- injury from resuscitation	- Absent	<u> </u>		
⁴⁵ Sections should include borders betw ⁴⁶ If subdural hemorrhage/neomembra			ne normal dura.	

⁴⁷If jurisdiction allows.

Gastrointestinal Tract	- Gross Examin	ation (continued)	
– Adhesions	☐ Absent	☐ Present:	
 Previous surgery 	☐ Absent	☐ Present:	
– Hernia	☐ Absent	☐ Present:	
	carceration:		
– Volvulus	☐ Absent	☐ Present:	
 Intussusception 	☐ Absent	☐ Present:	
– Appendicitis	☐ Absent	☐ Present:	
– Foreign object in			
the peritoneum	☐ Absent	☐ Present:	
microscopic trace of the o	rigin of the thyroi		a visible or
Liver weight within norm If the liver is enlarged, do	0 0	☐ Yes ☐ No: ☐ Larger ☐ Smaller a sequela of right heart failure (not a primary liver problem)? ☐ Yes ☐ N	Vo
• Open the large bowel.	nach, and duoden	um, and consider opening the jejunum and ileum (strongly recommended).	
,		e whether the biliary tree passes bile.	
 Open the gallbladder; op 		for later evaluation.	
• Section the liver and the	pancreas.		
• The pancreas may be sect.	ioned with the du	odenum and ampulla (preferred), or after separation from the duodenum.	
Pancreatitis 🖵 Absent	☐ Present:	Volvulus □ Absent □ Present:	
Adhesions/sequelae of sur	gery	Toxic megacolon	
☐ Absent	☐ Present:	□ Absent □ Present:	
Bleeding Absent	☐ Present:	Prolapse (rectal or other)	
Thrombosis 🖵 Absent	☐ Present, vess	el: Absent 🖵 Present:	
Obstruction Absent	☐ Present:	Reflux 📮 Absent 📮 Present:	
Dilatation		Inflammation ☐ Absent ☐ Present:	
Stenosis Absent		Diarrhea ☐ Absent ☐ Present:	
Fistulas Absent	☐ Present:	Constipation Absent Present:	
Foreign objects		Sequelae of pecrotizing enterocolitis	
☐ Absent	☐ Present:	Absent Present:	
Masses - wall, including re		Sequelae of G. I. diseases/infections 48	
☐ Absent	☐ Present:	Absent Present:	
Masses in the lumen	_	Congenital abnormalities	
☐ Absent	☐ Present:	Absent Present:	
Intussusception		TIDSCIIC TICSCIIC.	
Absent	☐ Present:		

 $^{^{48}\}mbox{In}$ neonates, systemic Herpes infection may include hepatitis.

Gastrointestinal Trac	t – Microscopic Exa	mination (Describe	e findings on page 17)				
 Take sections of any abnormal areas. 			- Tail of the pancreas	- Tail of the pancreas (optional)			
• Also take sections of:			- Liver	- Liver - Gallbladder, biliary tree (optional)			
- Tongue at foramen ced	cum (optional)		- Gallbladder, biliary				
- Epiglottis (optional) - Proximal esophagus (optional)			- Jejunal and ileal sec	tions (if evaluating fo	or villous atrophy, enteritis,		
			or parasites; optiona	l otherwise)			
	ction, for reflux (require	d in infants;	- Ileocecal junction (r and young adults)	 Ileocecal junction (recommended in infants; optional in children and young adults) Appendix tip or base (optional) Ascending or transverse colon (optional) 			
- Gastric wall (optional	· ·		- Appendix tip or base				
	, ion (recommended in in	ıfants:	- Ascending or transve				
optional in children a		<i>g</i> ······	- Descending or rectos	igmoid colon (recom	mended in infants		
-	(if evaluating for villous	s atrophy, some	and children; option	and children; optional in children and young adults)			
	dromes, or parasites; op		- Anorectum (optiona	l)			
- Ampulla of Vater with pancreas (optional)	b adjacent duodenum a	nd head of the					
Infectious Diseases							
Neurologic			Gastrointestinal				
 Encephalitis 	☐ Absent	☐ Present	 Enterocolitis 	☐ Absent	☐ Present		
– Meningitis	☐ Absent	☐ Present	Other				
Respiratory			Diffuse rash	☐ Absent	☐ Present		
Pharyngitis	☐ Absent	☐ Present	 Soft tissue lesion 	☐ Absent	☐ Present		
Epiglottitis	☐ Absent	☐ Present	 Lymphadenitis 	☐ Absent	☐ Present		
– Bronchitis/bron	chiolitis 🖵 Absent	☐ Present	– Sepsis syndrome (e	e.g., disseminated in	travascular coagulopathy)		
– Pneumonia	☐ Absent	☐ Present		☐ Absent	☐ Present		
Cardiac			 Urinary tract infect 	tion 🖵 Absent	☐ Present		
Myocarditis	□ Absent	Present	– Other:				
Endocarditis	☐ Absent	☐ Present					
Specimens							
	-		every examination, but should & postmortem anatomic finding		sician's selection of		
☐ Nasopharyngeal swa☐ Cerebrospinal fluid • Blood cultures ☐ Ae	erobic 🖵 Anae						
		tissue (obtained in					
Bronchus	ulturette 📮 Fresh	tissue (obtained in	n a sterile fashion)				
☐ Right upper lobe	☐ Right middle	lobe 🖵 Right	lower lobe				
☐ Left upper lobe	☐ Left lower lob	-					
 Sterilely obtained free 	esh lung tissue						
Right upper lobe	•		lower lobe				
☐ Left upper lobe	Left lower lob	e					
☐ Stool sample							
Were additional speciali If yes, specify:	sts consulted on this a	utopsy (e.g., cardia	nc pathologist, neuropathologi	st)? 🗖 Yes 📮 N	O		

Gross Examination of Organs Summary Table

Organ	In situ exam	Gross weight of organ	Fixed or fresh (check)	Gross inspection (check box if normal; if not, describe abnormalities)	Sections retained? ⁴⁹
Brain (including leptomeninges)				□ Normal	☐ Yes ☐ No
Neck structures ⁵⁰		Thyroid gland ⁵¹ Thymus	□ Fresh □ Fixed	□ Normal	☐ Yes ☐ No
Body cavities ⁵²			☐ Fresh☐ Fixed	□ Normal	☐ Yes ☐ No
Heart			☐ Fresh☐ Fixed	□ Normal	☐ Yes ☐ No
Kidneys			☐ Fresh☐ Fixed	☐ Normal	☐ Yes ☐ No
Liver			☐ Fresh☐ Fixed	☐ Normal	☐ Yes ☐ No
Lungs			☐ Fresh☐ Fixed	☐ Normal	☐ Yes ☐ No
Pancreas			☐ Fresh☐ Fixed	☐ Normal	□ Yes □ No
Spleen			☐ Fresh☐ Fixed	☐ Normal	☐ Yes ☐ No
Gastrointestinal tract			☐ Fresh☐ Fixed	□ Normal	☐ Yes ☐ No

⁴⁹Small tissue samples in formalin.

⁵⁰Neck structures include: epiglottis, aryepiglottic folds, arytenoid and thyroid cartilage to include the vocal cords, cricothyroid membrane, the cricoid cartilage and the tracheal rings, thyroid gland, strap muscles, and the vessels and nerves including those within the carotid sheath and tongue. Under 1 year old include the subglottic musculature.

⁵¹In infants the thyroid may be too small to weigh.

 $^{^{52}\}mbox{Body}$ cavities include the pleural, peritoneal and pericardial cavities and pelvis.

Tissue Sampling and Histology

Sampled Tissue	Number of Sections	Describe Abnormalities
Airways		
Brain (including leptomeninges)		
Heart		
Kidneys		
Liver		
Lungs		
Pancreas		
Spleen		
Thymus		
Bone or costochondral tissue		Location: Abnormalities:
Endocrine organs ⁵³		
Gastrointestinal tract		

⁵³Endocrine organs include: adrenal glands, pituitary gland, and the thyroid gland. The testes/ovaries can also be included.

Ancillary Testing

Testing	Describe Testing Performed	Results
	Lab name and type of testing (toxicology panel or genetic testing for Long QT, etc.)	
Microbiology/cultures for infectious disease		☐ Normal ☐ Abnormal If abnormal, describe:
Postmortem metabolic screen		☐ Normal ☐ Abnormal If abnormal, describe:
Toxicology		☐ Normal ☐ Abnormal If abnormal, describe:
Vitreous testing		☐ Normal ☐ Abnormal If abnormal, describe:
Genetic testing		☐ Normal ☐ Abnormal If abnormal, describe:
Other, specify:		☐ Normal ☐ Abnormal If abnormal, describe:
Final Pathologic Diagnosis		
Was the family referred to a terr screening of at-risk relatives and ☐ Yes ☐ No ☐ N/.	l genetic counseling?	se relevant to the cause of death (e.g., cardiology, neurology) for



Sudden Death in the Young Case Registry Data Coordinating Center c/o Michigan Public Health Institute 2455 Woodlake Circle Okemos, MI 48864

Telephone: 800-656-2434 Email: info@SDYregistry.org Fax: 844-816-9662